

## *Social Emotional Learning Book List*

### *From: Child Mind Institute (childmind.org)*

*Don't Feed the WorryBug (3-6)*

Written and illustrated by Andi Green

*In My Heart: A Book of Feelings (3-6)*

Written by Jo Witek, illustrated by Christine Roussey

*My Many Colored Days (3-5)*

Written by Dr. Seuss, illustrated by Steve Johnson and Lou Fancher

*Tough Guys (Have Feelings Too) (3-6)*

Written and illustrated by Keith Negley

*When Sophie Gets Angry — Really, Really Angry... (4-8)*

Written and illustrated by Molly Bang

*The Invisible String (3-8)*

Written by Patrice Karst, illustrated by Joanne Lew-Vriethoff

*A Terrible Thing Happened (5-9)*

Written by Margaret M. Holmes, illustrated by Cary Pillo

### *From: The American Psychological Association (apa.org)*

*A Feel Better Book For Little Tears*

By Brochmann, Holly; Bowen, Leah

*You Are Your Strong*

By Dufayet, Danielle

*Hector's Favorite Place*

By Rooks, Jo

*Bye Bye Pesky Fly*

By Mullady, Lysa

*A Box Of Butterflies*

By Rooks, Jo

*Something Happened In Our Town: A Child's Story About Racial Injustice*

By Celano, Marianne; Collins, Marietta; Hazzard, Ann

*A Feel Better Book For Little Tempers*

By Brochmann, Holly; Bowen, Leah

*Did You Hear? A Story About Gossip*

By Sileo, Frank J.

*I See You*

By Genhart, Michael

*A Feel Better Book For Little Worriers*

By Brochmann, Holly; Bowen, Leah

*Blossom Plays Possum: (Because She's Shy)*

By Jones, Birdy

*Grow Happy*

By Lasser, Jon; Foster-Lasser, Sage

*What To Do When You Feel Too Shy: A Kid's Guide To Overcoming Social Anxiety*

By Freeland, Claire A. B.; Toner, Jacqueline B.

*Move Your Mood!*

By Miles, Brenda S.; Patterson, Colleen A.

*Goodbye, School*

By Lippert, Tonya

*Jenny is Scared!: When Sad Things Happen in The World*

By Carol Shuman

*The Hugging Tree: A Story About Resilience*

By Neimark, Jill

*Healing Days: A Guide for Kids Who Have Experienced Trauma*

By Maria Bogade

**[From: Reading is Fundamental rif.org - Social Emotional Learning Collection](http://rif.org)**

*A Feel Better Book for Little Worriers*

By, Holly Brochmann and Leah Bowen

*Joey Daring Caring and Curious: How a Mischief Maker Uncovers Unconditional Love*

By, Marcella Marino Craver, MSEd, and CAS

*King Calm: A Mindful Gorilla in the City*

By, Susan D. Sweet, PhD, and and Brenda S. Miles

*Something Happened In Our Town*

By, Marianne Celano, PhD, ABPP, and Marietta Collins

*A Box of Butterflies*

By, Jo Rooks

*Breathe*

By, Inês Castel-Branco

*Big Brave Bold Sergio*

By, Debbie Wagenbach

*There's a Cat in Our Class*

By, Jeanie Franz Ransom

*Murphy's Three Homes: A Story for Children in Foster Care*

By, Jan Levinson Gilman and PhD

*Priscilla Pack Rat: Making Room for Friendship*

By, Claudine Crangle

*Bee Still: An Invitation to Meditation*

By, Frank J. Sileo and PhD

*Yes I Can!*

By, Kendra J. Barrett, Jacqueline B. Toner, and and Claire A. B. Freeland

*Hector's Favorite Place*

By, Jo Rooks

*Little Worlds*

By, Géraldine Collet

*Relaxation: Big Tools for Little Warriors*

By, Mamen Duch

*Marvelous Maravillos: Me and My Beautiful Family*

By, Carrie Lara PsyD

*Line and Dot*

By, Véronique Cauchy

*Mom's Busy Days*

By, Elise Raucy

*Danny and the Blue Cloud*

By, James M. Foley and Ded

*Chicken Or Egg: Who Comes First?*

By, Brenda S. Miles PhD and Susan D. Sweet PhD

*Ouch Moments: When Words Are Used in Hurtful Ways*

By, Michael Genhart

*Big Red and the Little Bitty Wolf*

By, Jeanie Franz Ransom

*Bye Bye, Pesky Fly!*

By, Lysa Mullady MA

*Baxter and Danny Stand Up to Bullying*

By, James M. Foley and Ded

*Move Your Mood*

By, Brenda S. Miles, PhD, and Colleen A. Patterson, and MA

*Why Am I Blue? A Story About Being Yourself*

By, Kalli Dakos

*Grow Grateful*

By, Sage Foster-Lasser and Jon Lasser and PhD

*Stickley Makes A Mistake*

By, Brenda S. Miles and PhD