



Getting Ready for PRESCHOOL



2020

EHS Transition Bulletin, Number 8

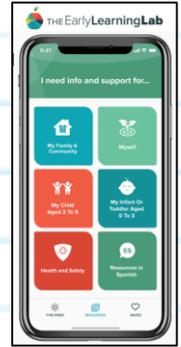
PARENTING CURRICULUM RESOURCES

During these unprecedented times of COVID-19, it is important to highlight that parents who possess leadership skills should practice parent to parent information sharing. Parent to parent sharing provides support, increases knowledge and develops meaningful relationships with other parents.

Please visit <https://earlylearninglab.org/stay-play-grow/> for more information.

The Stay Play Grow App is a great resource to provide.

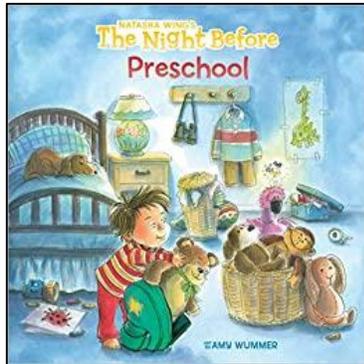
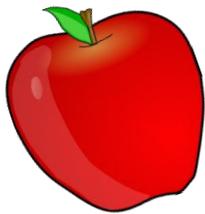
The app was designed to ensure parents and caregivers of children ages 0-5 have quality and easy-to-access resources when they need them most and offers content for families in English and Spanish.



SECOND STEP

The Night Before Preschool

By Natasha Wing

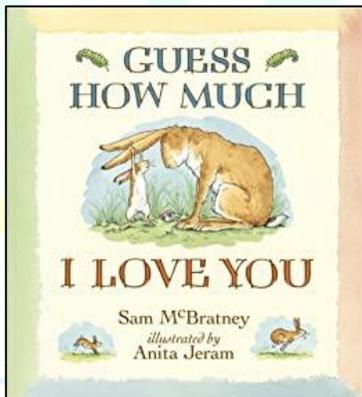


Explore the [Second Step COVID-19 Support page](#) and click the section labeled [DIY SEL Summer Camp-Free!](#) This Second Step resource has daily activities for Pre-K through middle school.

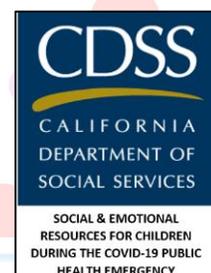
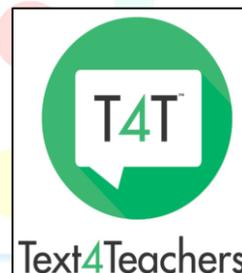
Check out the [third Monday activity](#) to help your child practice taking turns. As children learn to take turns, they also learn how to get along with others and work cooperatively.

VIRTUAL BOOKSHELF

Guess How Much I Love You
By Sam McBratney



ADDITIONAL RESOURCES



HOME-BASED CURRICULUM: PARENTS AS TEACHERS (PAT)

For Parents: Make Your Own Snack

What to do:

- Tell your child what you're going to do. Say, "We are going to make a healthy snack mix"
- Measure and mix ingredients with your child. Talk about numbers and quantities. Say, "How many pretzels did you add? Let your child stir."

Why this is important:

- **Cognitive Development** - Your child can explore numbers and quantities as he adds to the snack.
- **Language Development** - Sharing ideas and describing tastes while making a snack helps your child strengthen their expressive language (thoughts into words) and receptive language (understanding) skills.

Continue to talk about quantity as you put snack in bags, cups or containers. Sample the snack mix. Ask, "How does it taste?"

For Home Visitors/Educators:

Talk with parents about their designing and guiding parenting behaviors.

- Tell parents they are instilling healthy food habits and establishing a routine for working together in the kitchen.
- Remind parents that the child will be more willing to try new foods if he is involved in meal prep.
- Share with parents, when possible, to let the child be a part of the grocery shopping and cooking.
- Following recipes also helps child to learn about sequence.
- Making a simple snack has a beginning, middle and end.

CREATIVE CURRICULUM

Parent Activity: Learning Game #89

Learning Game #89

Giving One to Each

Early Head Start

Children like helping with grown up jobs. Setting the table for meals provides an opportunity for children to practice one to one correspondence (1 napkin for one plate). One to one relationships are the basis of counting and other math skills. When they are in the preschool classroom they are asked to do "jobs" that help in the classroom community. This is great practice, and they can develop responsibility and math skills at the same time!

The Creative Curriculum Learning Games Copyright 2007 Joseph Sparling



For Educators:

(Creative Curriculum for Infants, Toddlers, and Twos, Volume 1, the Foundation, page 90)

"Infants, toddlers, and twos discover mathematical relationships every day when they explore space, compare amounts, and sort and match objects. As Jean Piaget and Lev Vygotsky explained, young children need more opportunities to explore and manipulate interesting objects in their environment and to be with adults who take an interest in what they are doing and talk to them about their discoveries."

Practice these concepts with easy finger plays that parents can do with children at home also. "Five Little Monkeys," "Five Little Ducks," "Five Little Bears" are all great ways to practice counting, one to one correspondence, number sense, and many other mathematical concepts they'll be introduced to in preschool, and they are fun!

Join our online community and stay in the know! Keep up to date with all the activities, news, and resources relating to LACOE Head Start & Early Learning Division by following us on our social media platforms. For any further information, please contact us at (562) 940-1770,

HS_Resourcecenter@lcoe.edu

