



Los Angeles County
Office of Education

Getting Ready for PRESCHOOL



2020

EHS Transition Bulletin, Number 2

PARENTING CURRICULUM RESOURCES

Caring and responsive parent-child interactions help children develop warm relationships that nurture the child's health, development, and learning enabling them to thrive in school and life. Vroom is a free online science-based program, which offers tools, videos and tips to help parents boost their child's learning during the time they spend together. The program is available in English and Spanish. Please visit Vroom at: <https://www.vroom.org/>

The time you spend with
your child can help
their brain grow strong.
Even a few minutes
count!

vroom
Brain building moments

SECOND STEP

Where the Wild Things Are By Maurice Sendak



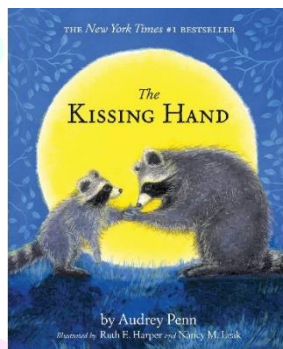
Reading activity [HERE!!!](#)

Helping your child recognize and understand their own difficult feelings can be hard work.

Try using reading time to help with this task! As you read to your child, stop and ask questions about what they see, what they think and how characters might feel based on the pictures. Give your child time to think about their answer and to respond.

VIRTUAL BOOKSHELF

The Kissing Hand By Audrey Penn



PROFESSIONAL DEVELOPMENT OPPORTUNITIES

JUNE/JULY TRAININGS	
Click the underlined training title to register for the training. Links to all training after June 15th training date.	
June 15th - 10:00am	Playing is Learning Saturday, June 13th Connections for Children 10:00am-12:00pm
June 15th - 10:00am	Family Literacy Workshop Kit Training Saturday, June 13th OSLA 10:00am-11:30am
June 15th - 10:00am	The Environment Wednesday, June 17th MACF 6:30pm-8:30pm
June 15th - 10:00am	Activities for Teaching Children Healthy Habits Wednesday, June 17th CCRC 6:30pm-8:30pm
June 15th - 10:00am	Playing and Learning Together Thursday, June 18th CCRC 5:30pm-7:30pm
June 15th - 10:00am	Jugar es aprender Thursday, June 18th Spanish Pathways LA 6:00pm-8:00pm
June 15th - 10:00am	Role of a Caring Provider During Uncertain Times Thursday, June 18th Spanish Options for Learning 6:00pm-8:00pm
June 15th - 10:00am	Safety and Supervision Thursday, June 25th Pomona Unified School District 6:30pm-8:30pm
June 15th - 10:00am	Language Development Thursday, June 25th Pathways LA 6:00pm-8:00pm
June 15th - 10:00am	Family Literacy Workshop Kit Training Friday, June 26th OSLA 2:00pm-3:30pm
June 15th - 10:00am	Developmentally Appropriate Practices OSLA Self-Paced
June 15th - 10:00am	Playing to Learn: Using Play to Develop Executive Functioning Skills OSLA Self-Paced
June 15th - 10:00am	Creating a Literacy Focused Environment OSLA Self-Paced
June 15th - 10:00am	Health and Safety OSLA Self-Paced
June 15th - 10:00am	Every Interaction Counts OSLA Self-Paced
July 1st - 10:00am	Universal Design for Learning Thursday, July 16th & Friday July 17th LACOE NO TIME YET
July 1st - 10:00am	Universal Design for Learning Thursday, July 23rd & Friday July 24th LACOE NO TIME YET
July 1st - 10:00am	Universal Design for Learning Thursday, July 30th & Friday July 31st LACOE NO TIME YET

HOME-BASED CURRICULUM: PARENTS AS TEACHERS (PAT)

For Parents: Create a Goal Statement

Why is this goal important? Who is this goal for? When do you want to reach this goal? What needs to happen (now and later) What resources are needed?

Self-Check-in: What have you done in the short term and in the long term to achieve this goal?

Goals are like steppingstones. They can help you focus and improve your outlook, which will move your family forward in a positive direction. Taking time to think about what you want in your life helps you gain a greater sense of control and well-being. When you take action toward those things, you are setting goals.

An educator can assist parents with building a stronger relationship between home and school.

Parent preparedness is just as significant as a child's preparedness when it comes to a successful school transition. The more prepared the parent is, the more confident and prepared the child will be.

Parent-Teacher Connections

Get to know the adults around your child – communicate with the new school. Become comfortable asking questions and asking for advice.

CREATIVE CURRICULUM

The Clean Up Song

(Sung to the tune Twinkle, Twinkle, Little Star)

Twinkle, twinkle, little star,
Time to clean up where you are,
Put your toys back in their place,
Keep a smile upon your face,
Twinkle, twinkle little star,
Time to clean up where you are.

Early Head Start

While they are cleaning encourage them. When they are finished, tell them how proud you are for them being responsible. This is an important part of what they will need to do in their preschool classroom, so practicing at home now will help them be successful later.

Hands Go Up

Hands go up and hands go down!

(Move hands up and down)

I can turn myself around.

(Turn around)

I can stand up on one shoe.

(Balance on one foot)

I can listen, how about you?

(Point to yourself, then to the child/children)

I can sit. I'll show you how,

(Sit down and say in a calm voice)

Story time is starting now.

Begin practicing sitting and listening to stories for increasingly longer periods, as long as it is developmentally appropriate. Children who are almost 3 can sit and listen for longer periods, and this is an important part of preparing them for preschool. Signal that they are switching their focus by saying the following chant.

Join our online community and stay in the know! Keep up to date with all the activities, news, and resources relating to LACOE Head Start & Early Learning Division by following us on our social media platforms. For any further information, please contact us at (562) 940-1770,

HS_Resourcecenter@lacoedu.

