



Getting Ready for KINDERGARTEN



2020

HS Transition Bulletin, Number 4

PARENTING CURRICULUM RESOURCES

Active involvement by parents in their child's school helps create support systems and opportunities for future educational success. When a parent advocates for their child, they take an active role in defending and supporting decisions made for the benefit of their child's well-being. Parents need to follow their instincts and ask questions, to find answers, identify solutions, and access support from systems such as childcare centers, preschools, health care, and other services that are important for your child's success.

Ask questions...

- *Is my child developing like other children?*
- *Are their needs being met?*
- *Are they receiving the resources and services they need?*
- *Are they receiving the quality education they deserve?*

Advocacy tips below are provided by the Abriendo Puertas Parenting curriculum:

Abriendo Puertas/Opening Doors

Session 9: Champions for Our Children's Future

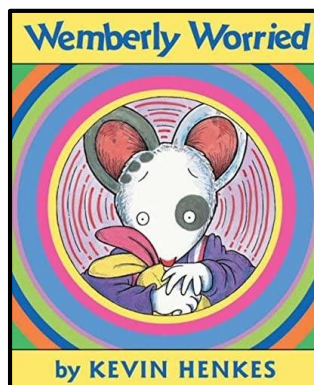
Participant Handout: Advocacy Tips

- ✓ Learn and prepare. Find out more about the problem, rules, laws, or how the system works.
- ✓ Stay calm but be persistent.
- ✓ Be clear about what you want to get out of the conversation/meeting.
- ✓ Describe your concern or the problem and the solution you want to see.
- ✓ Listen. Ask questions. Be as clear as you can and ask the person you're talking with to be clear as well. Don't be afraid to ask them to explain.
- ✓ Keep the meeting focused on the needs of your child and solutions to address them. Ask for a specific timeline to resolve the issue.
- ✓ Avoid using a negative tone, yelling, or being overly demanding. Instead use a tone of collaboration. For example, you can say, "We should," instead of "You should".
- ✓ Plan for the future by setting specific times for future meetings.
- ✓ Document the results of the meeting or conversation.
- ✓ Seek free legal advice or outside help if there is no progress.



SECOND STEP

Wemberly Worried By Kevin Henkes



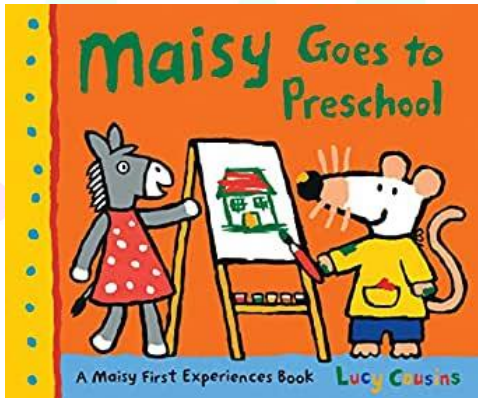
Talk to your child about their experience with the safe-at-home order and now with the new social distancing guidelines.

In this time of uncertainty, it is important to acknowledge our feelings about our current situation.

Use the [Second Step Feelings Poster](#) to identify and help your child label how they are feeling.

VIRTUAL BOOKSHELF

Maisy Goes to Preschool By Lucy Cousins



LOS ANGELES PUBLIC LIBRARY RESOURCE

Los Angeles Public Library is now offering Library To Go pickup service at selected libraries.



Library To Go

HOME-BASED CURRICULUM: PARENTS AS TEACHERS (PAT)

For Parents: Independence in Daily Activities

Encourage your child to dress and undress herself as much as possible. She may even become interested in choosing her own clothes for the day. Let her do this as often as you can. You may see miss-matched clothes or clothes put on backward! Find satisfaction in knowing that you are building your child's self-esteem.

Name that body part

Head Start

Show your child an item of clothing and ask where she will wear it. Also ask, "Should we put your pants on your head?" As she puts on her pants, talk about the body parts being covered. Say, "Now the pants are over your knees. Now the pants are around your tummy!"

The Creative Curriculum® Learning Games © Copyright 2007 Insoo Spence

Here are some ways to help your child be more independent:

- Put a wall hook up for a jacket down at child's level.
- Put child's clothes in a bottom drawer that child can open.
- Choose shoes and boots that child can put on and take off.

Tips for Home Visitors/Educators

One of the greatest things parents can do to show their approval of play is by getting down to their child's level. Engaging children at their own level and following their lead – rather than instructing them or setting rules.

Help parents understand that play is essential for young children's growing abilities to, think and reason. Parents can also benefit from play as well as it can reduce stress.

Help parents realize the relationship between play and learning. Play introduces children to learning. Through free play, they begin with curiosity and eagerness; stay attentive and engaged while persisting through challenges. Play gives children a chance to try out behaviors they have observed. They can act upon questions they have in order to sort out their ideas and feelings and to help them make sense of the world around them.

Play Learning Game #153

Retelling the Story

Head Start

Share a short, original story with your child that she can retell to a puppet or a friend.

This gives your child practice in recalling the main points of a story and prepares her to remember main ideas later when she learns to read.

The Creative Curriculum Learning Games Copyright 2007 Joseph Sparling

Parent Activity: Play Learning Game #153 "Retelling the Story"

This game will help your child develop reading comprehension, which is an important skill that children will need throughout their education and their lives. Reading comprehension consists of two different concepts, understanding what they are hearing and remembering information after hearing it. Practice recalling events from books you read together as well.

Educator Activity:

Discuss the question of the day:
"How is kindergarten like preschool?
How is it different?"

Display a photo of a kindergarten class and a preschool classroom. Explain that you brought a photo of a kindergarten class you visited, saying that there is so much to discover about kindergarten!

Invite children to examine the photos and point out and discuss familiar objects. Point to unfamiliar objects and ask about them, record their answers.

Ask, "Have you ever been to a kindergarten class before?" If so, what did they see? If not, what do they think they will see?



Join our online community and stay in the know! Keep up to date with all the activities, news, and resources relating to LACOE Head Start & Early Learning Division by following us on our social media platforms. For any further information, please contact us at (562) 940-1770,

HS_Resourcecenter@lcoe.edu.

