



Los Angeles County
Office of Education

Getting Ready for PRESCHOOL



2020

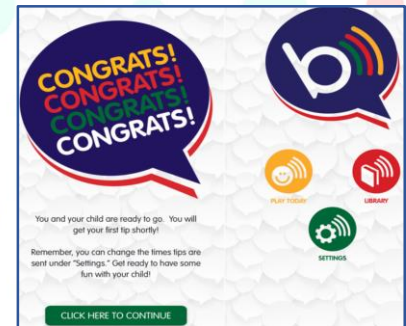
EHS Transition Bulletin, Number 7

PARENTING CURRICULUM RESOURCES

Parent engagement in a child's daily activities is an important aspect of parent-child relationships as it builds positive connections and creates opportunities for learning through an interactive process. Beginning with Babble encourages parents/caregivers to engage with their children in a meaningful, target-driven way that simultaneously builds pre-literacy skills and school readiness.

<https://leapempowers.org/beginning-with-babble/>

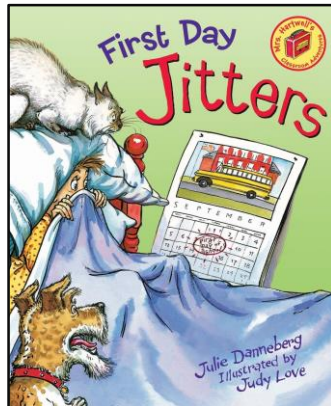
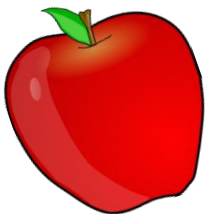
The Beginning with Babble app is now available in the Play and App Stores at no charge.



SECOND STEP

First Day Jitters

By Julie Danneberg

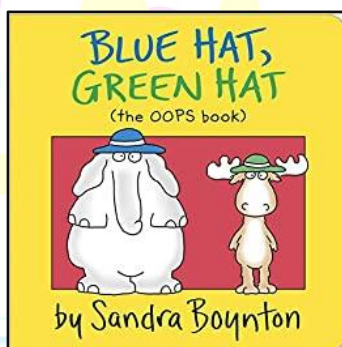


Explore the [Second Step COVID-19 Support page](#) and click the section labeled [DIY SEL Summer Camp-Free!](#) This Second Step resource has daily activities for Pre-K through middle school.

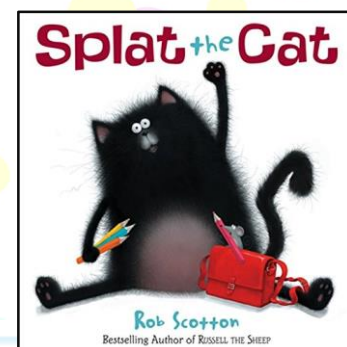
Check out the [second Monday art activity](#) to practice taking deep breaths with your child. In this art activity you and your child can practice taking deep breaths in slowly through the nose and then out through the mouth. Remind your child that taking deep breaths helps them calm down.

VIRTUAL BOOKSHELF

Blue Hat, Green Hat
By Sandra Boynton



Splat the Cat
By Rob Scotton



HOME-BASED CURRICULUM: PARENTS AS TEACHERS (PAT)

For Parents: Self-help Skills

Many self-help skills involve the work of small muscles.

1. Pulling on clothing and helping with buttons, zippers, and snaps are ways children work the small muscles.
2. You can help your little one master these skills by offering him toys like blocks and activities like sorting, pouring, wiping, and snapping pieces together or pulling them apart.
3. When you read books with your child and point to the pictures or turn the pages, they are also using their small muscles.
4. Young children should also have the opportunity to practice eating with utensils appropriate for their size and development.

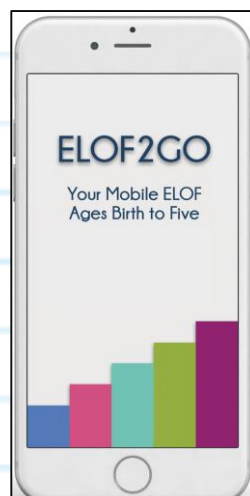
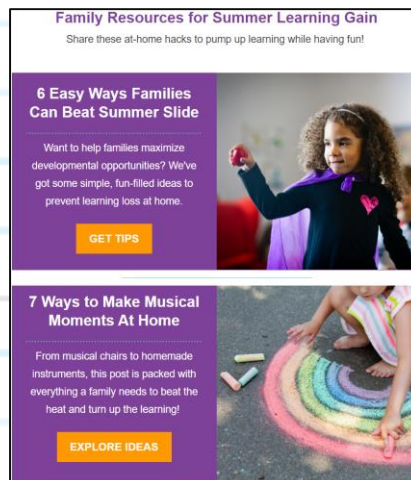
For Home Visitors/Educators:

Remind parents that the tongue is also a small muscle!

One that is very critical to their child's language development.

- When parents play games with their tongue to see if their baby would imitate them, they were enhancing small muscle development.
- Offer parents additional activities that can enhance small muscle development such as playing with kitchen utensils and serving utensils such as tongs, spatulas, and serving spoons.
- Help families understand how small muscle skills will be critical for self-help when their children enter preschool or kindergarten.

FAMILY RESOURCES



CREATIVE CURRICULUM

Parent Activity: Learning Game #79

Learning Game #79

Others Have Needs, Too

Early Head Start

As your child becomes more aware of her needs, you can help her learn to express them by modeling words to use. When she begins to understand the needs of others and responds appropriately, your child moves towards having the important ability to express her own needs, listen to others, and empathize.

The Creative Curriculum Learning Games Copyright 2007 Joseph Sparling

This becomes increasingly important as your child becomes part of the preschool classroom community and builds friendships with peers, and is a vital skill for school, career, and life.



For Educators: Relationships and Social Interactions with Peers.

(Page 107 of the Creative Curriculum for Infants, Toddlers, and Twos, Volume I, the Foundation)

Encourage children to help one another.

- Throughout the day, offer children opportunities to assist each other.
- Acknowledge when a child uses words or gentle acts to comfort another child.
- Read books and tell stories about helpfulness and friendship. There are wonderful books for toddlers and twos such as *Goose Needs A hug*.
- Children also love homemade books and storytelling about familiar events and people they know, such as a story about one child in the class helping another child find his jacket on the playground.

Focus on the feelings of characters in the stories. This will help develop social skills which will help children be kind, empathize with others, and build friendships with peers, which becomes increasingly important as they move to the preschool classroom and beyond.

Document observations in DRDP measures SED 2: Social and Emotional Understanding and SED 4: Relationships and Social Interactions with Peers.

EDUCATOR RESOURCES

Pacific Oaks Anti-Bias Education Symposium:
Fighting Against Racism

JUL 23

FREE Pacific Oaks Anti-Bias Education Symposium:
Fighting Against Racism

by Pacific Oaks College & Children's School

Follow

Free

Early Childhood Transitions: Supporting Children and Families

For Early Childhood Professionals

saavvus
SUPPORTING CHILD AND FAMILY WELL-BEING

Reachables® Training

Goal Setting in Home Visiting

ELOF
@HOME

YOUR MOBILE ELOF
AGES BIRTH TO FIVE

Educator Self Care

SECOND STEP

Join our online community and stay in the know! Keep up to date with all the activities, news, and resources relating to LACOE Head Start & Early Learning Division by following us on our social media platforms. For any further information, please contact us at (562) 940-1770,

HS_Resourcecenter@lcoe.edu.

