



Los Angeles County
Office of Education

Getting Ready for KINDERGARTEN



2020

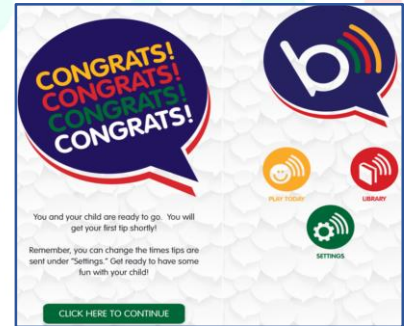
HS Transition Bulletin, Number 7

PARENTING CURRICULUM RESOURCES

Parent engagement in a child's daily activities is an important aspect of parent-child relationships as it builds positive connections and creates opportunities for learning through an interactive process. Beginning with Babble encourages parents/caregivers to engage with their children in a meaningful, target-driven way that simultaneously builds pre-literacy skills and school readiness.

<https://leapempowers.org/beginning-with-babble/>

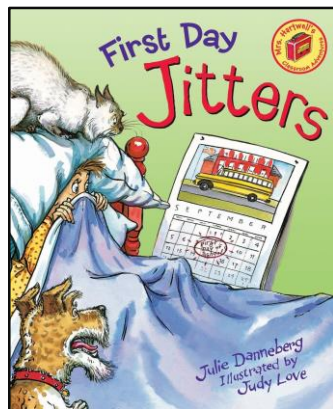
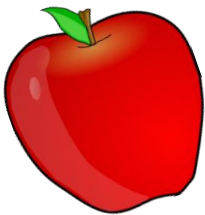
The Beginning with Babble app is now available in the Play and App Stores at no charge.



SECOND STEP

First Day Jitters

By Julie Danneberg

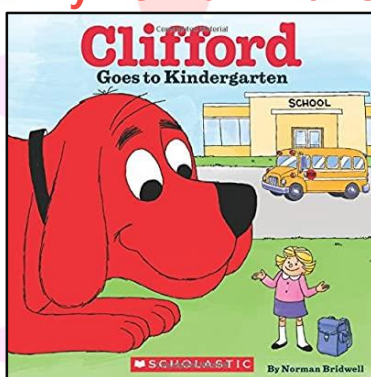


Explore the [Second Step COVID-19 Support page](#) and click the section labeled [DIY SEL Summer Camp-Free!](#) This Second Step resource has daily activities for Pre-K through middle school.

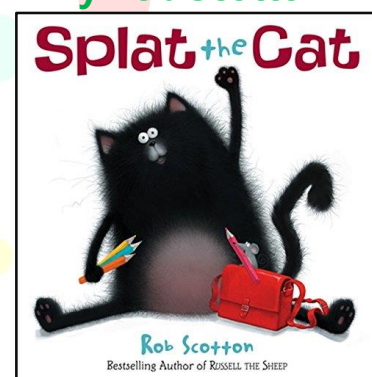
Check out the [second Monday art activity](#) to practice taking deep breaths with your child. In this art activity you and your child can practice taking deep breaths in slowly through the nose and then out through the mouth. Remind your child that taking deep breaths helps them calm down.

VIRTUAL BOOKSHELF

Clifford Goes to Kindergarten By Norman Bridwell



Splat the Cat By Rob Scotton



HOME-BASED CURRICULUM: PARENTS AS TEACHERS (PAT)

For Parents: Create Torn-Paper Collage: Tearing and Gluing – A Fine Motor Task

Tearing paper is a complex fine motor task. Your child will need to coordinate grasping with their fingers and moving their hands in opposite directions.

Children love the feeling of tearing things. Let your child rip up old bills or junk mail. Squeezing glue onto paper exercises the fingers and hands, strengthening them for other motor skills like writing.

Your child will practice hand-eye coordination when they pick up small pieces of paper and glue onto paper. Additionally, the same skill your child uses to rip paper help her control how she turns pages in a book.

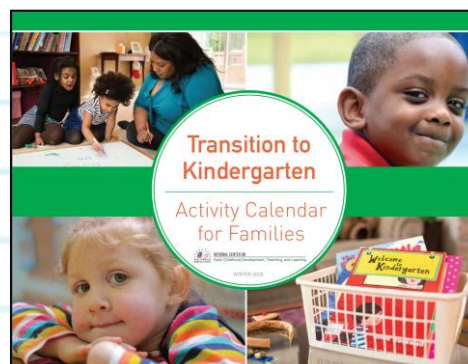
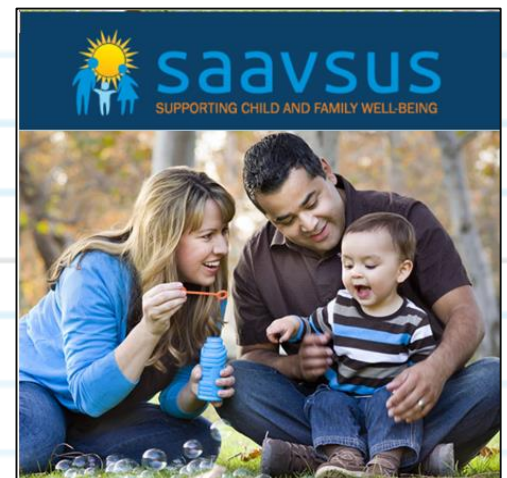
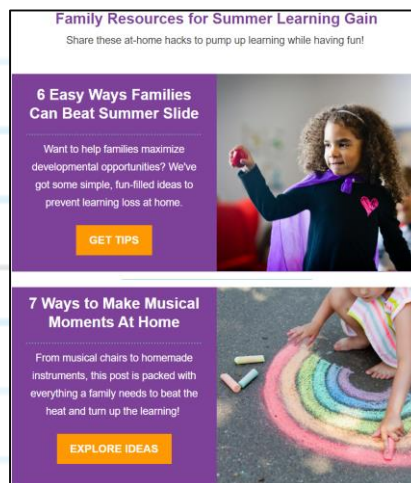
For Home Visitors/Educators:

Help parents to connect across development.

Head Start

- **Language:** Children are using familiar vocabulary ("paper," "tear," "hold") to learn a new skills. Help parents understand this gives extended meaning to words and concepts.
- **Cognitive:** When children tear and glue paper, they are constructing knowledge about how materials respond.
- **Social-emotional:** Experimenting with new materials – without any pressure to make the finished product look a certain way – remind parents to help children feel confident about expressing their creativity.

FAMILY RESOURCES



CREATIVE CURRICULUM

Parent Activity: Learning Game # 169

Learning Game #169

I Wonder How She's Feeling

Head Start

You can guide your child to think about the needs and feelings of characters in stories. Taking an active role in storytelling builds early literacy skills and increases her vocabulary. We understand the feelings of others by mentally projecting ourselves into their situation, this is called empathizing. This skill will help your child begin to be more aware of the feelings and needs of others.

The Creative Curriculum Learning Games Copyright 2007 Joseph Sparling

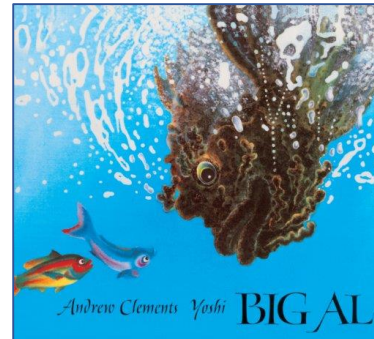
This becomes increasingly important as your child becomes part of the kindergarten classroom community and builds friendships with peers, and is a vital skill for school, career, and life.

Ask questions such as "how do you think he or she felt about that?" or "How would you feel if something like that happened to you?" The ability to have empathy, or "put ourselves in someone else's shoes," helps in these peer relationships.

Educator Activity: Relationships and Social Interactions with Peers

(Page 147 of the Creative Curriculum for Preschool Volume I, the Foundation)

A great story which focuses on friendship and feelings is "Big Al" by Andrew Clements. Find the story on YouTube here:



When reading stories, focus on the feelings of characters and ask open ended guided questions such as:

- How do you think the fish is feeling when no one wanted to play with him?
- How would you feel if the other fish didn't want to play with you?

Document exchanges and discussions in DRDP measure SED 1: Identity of Self in Relation to Others and SED 4: Relationships and Social Interactions with Peers.

READ ALOUD RESOURCES

Pacific Oaks Anti-Bias Education Symposium:
Fighting Against Racism

JUL 23

**FREE Pacific Oaks Anti-Bias Education Symposium:
Fighting Against Racism**

by Pacific Oaks College & Children's School

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Free

Early Childhood Transitions: Supporting Children and Families

For Early Childhood Professionals

saavvus
SUPPORTING CHILD AND FAMILY WELL-BEING

Reachables® Training
Goal Setting in Home Visiting

Transition to Kindergarten
Activity Calendar for Educators

OFFICE OF HEAD START

Virtually Transitioning from Head Start to Kindergarten

Join our online community and stay in the know! Keep up to date with all the activities, news, and resources relating to LACOE Head Start & Early Learning Division by following us on our social media platforms. For any further information, please contact us at (562) 940-1770, HS_Resourcecenter@lacoedu.edu.

